

Subject: Request to Host a World Happiness Fellowship Watch Party

Hi {Leader},

I'd like to request that we host a synchronized, in-person watch party for the World Happiness Fellowship's **International Day of Happiness event on Friday, March 20, 2026**. This half-day experience live-streams global keynotes while bringing our team together in the same room to learn, reflect, and practice habits that strengthen performance and well-being.

Research from Shawn Achor's *Positive Intelligence* (Harvard Business Review, 2012) shows that when people operate in a positive brain state, decision quality, speed, creativity, and resilience all increase; while stress-related performance decline decreases. The Fellowship's program translates this research into simple, repeatable micro-habits that teams can implement immediately.

The event features Dr. Elia Gourgouris and Enrique Rubio and uses active, practical exercises that help teams communicate more clearly, collaborate with less friction, and reset tension. Hosting the watch party on-site allows us to learn together as a unit and apply strategies that directly support morale, engagement, leadership readiness, and productivity.

It's a small time investment with a meaningful return, and it also qualifies for **SHRM PDCs** for those pursuing recertification.

If you're open to it, I'm happy to coordinate the logistics. I believe this will be a valuable development experience for our team.

Warmly,
{Your Name}

<https://www.worldhappinessfellowship.com>